

JADUAL PELUNJURAN OLAHRAGA SMK KANGKONG

B I L	ACARA	2006						2007						2008						2009						2010					
		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
55	Lompat Jauh 18L			P						P						T3						T3								NJ	
56	Lompat Jauh 18P			P						P						T3						T3							NJ	P	
57	Lempar Cakera 18P			J	J	P			J	J	J	J			J	J	J				J	J					J	J	J	J	
58	Lempar Cakera 18L			NJ	P					NJ	T3				J	J					J	J					J	J			
59	Lempar Cakera 15L			J	NJ	P				J	NJ	P				J	NJ	T3				J	J	T3				J	J	NJ	
60	Lempar Cakera 15P			J	P					J	T3					J	T3					J	NJ					J	J		

S – Sekolah
P – Penyertaan
C – Cawangan
D – Daerah

N – Negeri
K – Kebangsaan
A - Antarabangsa

J – Johan
NJ – Naib Jaohan
T3 – Tempat Ketiga

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B I L	ACARA	2006						2007						2008						2009						2010					
		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
46	Lompat Kijang 15L			J	P	P				J	P	P				J	T3	P				J	NJ	T3				J	J	J	
47	Lontar Peluru 15P			P						P						T3						T3						NJ			
48	Lontar Peluru 15L			P						J					J	J	J	J	J		J	J	J	J	J		J	J	J	J	J
49	Lontar Peluru 18L			NJ	T3					NJ	T3					NJ	NJ					NJ	NJ					J	NJ		
50	Lontar Peluru 18P			P						P						P						T3						NJ			
51	Lompat Pagar 200m 18L			NJ	P					NJ	P					J	T3					J	T3					J	NJ		
52	Lompat Pagar 200m 15L			J	NJ					J	NJ					J	NJ					J	NJ					J	J		
53	Lompat Jauh 15P			P						P						T3						T3						NJ			
54	Lompat Jauh 15L			P						J						J						J						J			

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		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
37	Merejam Lembing 15P			J	P					J	T3					J	T3					J	NJ					J	J		
38	Merejam Lembing 15L		J	J	P				J	J	P				J	J	T3				J	J	NJ				J	J	NJ		
39	Merejam Lembing 18L								J	J	J				J	J	J				J	J	J				J	J	J		
40	Merejam Lembing 18P			P						T3					J	J					J	J					J	J			
41	Lompat Tinggi 15L			P	T3					T3	T3					NJ	NJ					NJ	NJ					J	NJ		
42	Lompat Tinggi 18L			P	P					T3	P					NJ	T3					NJ	NJ					J	NJ		
43	Lompat Tinggi 18P									J	P	T3				J	P	P				J	T3	T3				J	NJ	NJ	
44	Lompat Tinggi 18P									J						J						J						J			
45	Lompat Tinggi 18L			P						NJ						NJ						J	J	J				J	J	J	

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		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
28	Jalan Kaki 3km P			J	T3				J	J	J				J	J	J				J	J	J				J	J	J		
29	Jalan Kaki 3km L			J	T3				J	J	J				J	J	J				J	J	J				J	J	J		
30	Lompat Pagar 110m 15L			NJ	P					P						T3					J	J	J				J	J	J		
31	Lompat Pagar 110m 18L			P						J						J						J						J			
32	Lompat Pagar 110m 18P			NJ	T3					J						J						J						J			
33	Lompat Pagar 100m 15P									NJ	NJ					NJ	NJ				J	J	J				J	J	J		
34	Lompat Pagar 400m 18L			P						J						J	J	J				J	J	J				J	J	J	
35	Lompat Pagar 400m 18P			J	NJ					J						J						J						J			
36	Lompat Pagar 200m 18P									J						J						J	J	J				J	J	J	

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		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
19	Larian 1 500m 18L			P						T3	NJ				J	J	J				J	J	J				J	J	J		
20	Larian 1 500m 18P		P	T3					T3	NJ				NJ	NJ				NJ	NJ						J	J				
21	Larian 3 000m 18P								P	T3				T3	NJ					J	J	NJ			J	J	J	J			
22	Larian 3 000m 15P			T3	P					J	J	J			J	J	J			J	J	J				J	J	J			
23	Larian 5 000m P									J	P				J	P				J	T3					J	NJ				
24	Larian 10 000m									P					T3					T3						NJ					
25	Jalan Kaki 5km P			J					J	J	J			J	J	J			J	J	J				J	J	J				
26	Jalan Kaki 5km L			J	J	P	J		J	J	J			J	J	J	J		J	J	J	J	J		J	J	J	J	J		
27	Jalan Kaki 10km L			J	NJ					J	J	J	J		J	J	J	J		J	J	J	J			J	J	J	J		

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		S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A	S	C	D	N	K	A
10	Larian 400m 15P			P						P						P						T3						T3			
11	Larian 400m 18L			P						P						T3						T3						NJ			
12	Larian 400m 18P			P						P						T3						T3						NJ			
13	Larian 800m 15L								J	J					J	J					J	J					J	J			
14	Larian 800m 15L								P	T3					T3	NJ					J	J	J				J	J	J		
15	Larian 800m 18L			P					P						J	J	J				J	J	J				J	J	J		
16	Larian 800m 18P			P					P						T3						T3							NJ			
17	Larian 1 500m 15L			J	P				J	P					J	J	J	J	J		J	J	J	J	J		J	J	J	J	J
18	Larian 1 500m 15L			T3					T3							NJ						NJ						NJ			

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1	Larian 100m 15L			P						P						T3						T3						NJ			
2	Larian 100m 15P			P						P						T3						T3						NJ			
3	Larian 100m 18L			NJ	P					NJ	P					J	T3					J	T3					J	NJ		
4	Larian 100m 18P			NJ	P					J	P					J	NJ					J	T3					J	NJ		
5	Larian 200m 15L			P						P						T3						T3						NJ			
6	Larian 200m 15P									P						T3						T3						NJ			
7	Larian 200m 18L			P						P						T3						NJ						NJ			
8	Larian 200m 18P			NJ						NJ						NJ						NJ						J			
9	Larian 400m 15L			P						P						T3						T3						NJ			

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